

## Two Minute Testimony from AACIPM

NCCIH Stakeholder Meeting October 17-18, 2022

Good afternoon. I'm Amy Goldstein, director of the Alliance to Advance Comprehensive Integrative Pain Management - a multi-stakeholder collaborative of people with pain, payers, researchers, policy experts, healthcare providers & more. We're united with a shared interest to advance access to equitable, whole person pain care, even though each participating group has a different vantage point.

Remarkably, a growing list of evidentiary resources, clinical guidelines, big data, and policymakers are aligning around the use of non-pharm options, especially for low back pain. However, non-pharm options alone are not necessarily whole person pain care. This requires a BioPsychoSocial approach.

Unfortunately, numerous disconnects discourage widespread uptake of evidence-based, guideline-concordant, multimodal care, especially for underserved.

I'll share 6 important research considerations to help connect the dots.

1. We need agreement around quality standards and outcome measurements for CIH for pain
2. Pragmatic trials, CER, utilization data & cost analyses are critically important but ample quality studies are not available. For example, AHRQ acknowledged the

paucity of evidence available during a recent review on pain management which led to sweeping statements based on so few evidentiary resources.

3. We need collaboration on new funding opportunities to assess CIH approaches in the safety net, such as FQHCs.
4. It is necessary for implementation science to embed whole person health into clinical settings so that findings can be translated into real-world settings
5. Novel mobile health and telehealth-based self-management systems and devices are integral especially with data showing a near absence of integrative workforce available in low income, non-white zip codes.
6. We urge NCCIH to develop targeted funding opportunities that include collaboration with and dissemination across many key stakeholders

AACIPM welcomes any opportunities to collaborate, and we thank you for the opportunity to speak today.