



Presents: A virtual symposium in collaboration with the Alliance to Advance Comprehensive Integrative Pain Management

Veteran and Family Well-Being Series

*A Person-Centered, Evidence-
Based Approach to Chronic Pain*



Our Veteran and Family Well-Being Series will be held virtually this fall, co-hosted by LGen (Ret'd) Eric B. Schoomaker, 42nd US Army Surgeon General, and LGen (Ret'd) Michel Maisonneuve, Canadian Armed Forces (CAF). The series will feature a collaboration of respected speakers drawn from the Chronic Pain Centre of Excellence for Canadian Veterans, United States Department of Veterans Affairs (VA), and United States Department of Defense (DoD). The aim of the series is to provide education on the evolution of pain management and current best practices in evidence-based interdisciplinary care. Targeting a broad audience of Veterans, case managers, and health care professionals, the series will be accessible in both English and French.

The Chronic Pain Centre of Excellence for Canadian Veterans was established to conduct research and help improve the well-being of CAF Veterans, and their families, suffering from chronic pain. Funded by Veterans Affairs Canada (VAC), the not-for-profit organization is working to improve the ability to treat pain with evidence-based recommendations. Ongoing research includes the effectiveness of cannabis in managing chronic pain, impact of sex/gender on pain experience and the response to therapy, and the effectiveness of virtual care.

Date/Time	Theme	Topic	Speaker
November 18th 1200-1300 EST	An Evidence-Based Approach to Pain Management	Whole Health + BioPsychoSocial Approach	Dr. Benjamin Klinger (VA) and Dr. Friedhelm Sandbrink (VA)
		The Effectiveness of Cannabis	Dr. Jason Busse (McMaster University)
November 25th 1200-1300 EST	Measuring the Effectiveness of Pain Management	How to Measure: BioPsychoSocial Approach Impact & Pain Management	Dr. Chester "Trip" Buckenmaier (DoD)
		Introduction & Effectiveness of Remote Care	Dr. Brenda Lau (CHANGEpain)
December 2nd 1200-1300 EST	Stepped Care Approach to Pain Management	Stepped Care Model	Dr. Patricia Poulin (Ottawa Hospital Pain Clinic) and Regina Visca PhD(c) (McGill University)
		Stepped Care Model in the US Military	Dr. Diane Flynn (DoD)
December 9th 1200-1300 EST	Outcomes of Interdisciplinary Pain Management	Pain Management Outcomes from Whole Health Project	Dr. Benjamin Klinger (VA) and Dr. Friedhelm Sandbrink (VA)
		Pain Management Outcomes for Veteran vs Non-Veterans with Chronic Pain	Dr. Eleni Hapidou (McMaster University)