

# Equity in Access to Comprehensive Integrative Pain Management for People with Pain

Symposium

Sept. 24, 2020 | 11:00-3:30PM ET

**Host:**

Alliance to Advance  
Comprehensive Integrative Pain  
Management (AACIPM)

*in partnership with*

U.S. Pain Foundation



Alliance to Advance  
Comprehensive  
Integrative  
Pain Management

# Welcome, Overview and Symposium Logistics



**Amy Goldstein, MSW**

*Director*

**Alliance to Advance  
Comprehensive Integrative  
Pain Management**

# Equity in Access to Comprehensive Integrative Pain Management for People with Pain



## Connecting the Dots Towards a Paradigm Shift



Alliance to Advance  
Comprehensive  
Integrative  
Pain Management



U.S. PAIN  
FOUNDATION

# Thank You

Primary support for the AACIPM Initiative, A Paradigm Shift to Advance Comprehensive Integrative Pain Management, is from:



Special thanks to our fiscal sponsor, The Pain Community



**#AACIPM**

# AACIPM Sponsors

## Paradigm Shifter

Foundation for  
**Chiropractic Progress**

## Leader



**amta**  
american **massage therapy** association®



## Expert



**SOCIETY of**  
PAIN & PALLIATIVE CARE PHARMACISTS

## Collaborator

American Physical Therapy Association  
National Association of Social Workers

## Contributor

Academic Collaborative for Integrative Health  
American Holistic Nurses Association  
National Patient Advocate Foundation  
The Pain Community

**#AACIPM**

# AACIPM is a Multi-Stakeholder Collaborative

Mission is to align and activate key stakeholders in shared interest to advance access to comprehensive integrative pain management

- People with Pain
- Payors
- Purchasers of Healthcare
- Healthcare Providers
- Healthcare Administrators
- Government Relations/Policy Experts
- Regulators
- Educators
- Researchers
- Students
- Patient/Caregiver Advocates
- Executive Branch Agencies

List can be seen at:

[painmanagementalliance.org/engage/aacipm-participants/](https://painmanagementalliance.org/engage/aacipm-participants/)



**#AACIPM**

# AACIPM Core Work = Increase Access to CIPM

Advancing a Paradigm Shift with Policy and Practice Change



- Address Equity Issues
- Build Awareness
- Connect the Dots
- Engage Stakeholders
- Coalesce Around CIPM

- Practical Examples
- Resources for
  - Patients
  - Providers
  - Payors
  - Policymakers

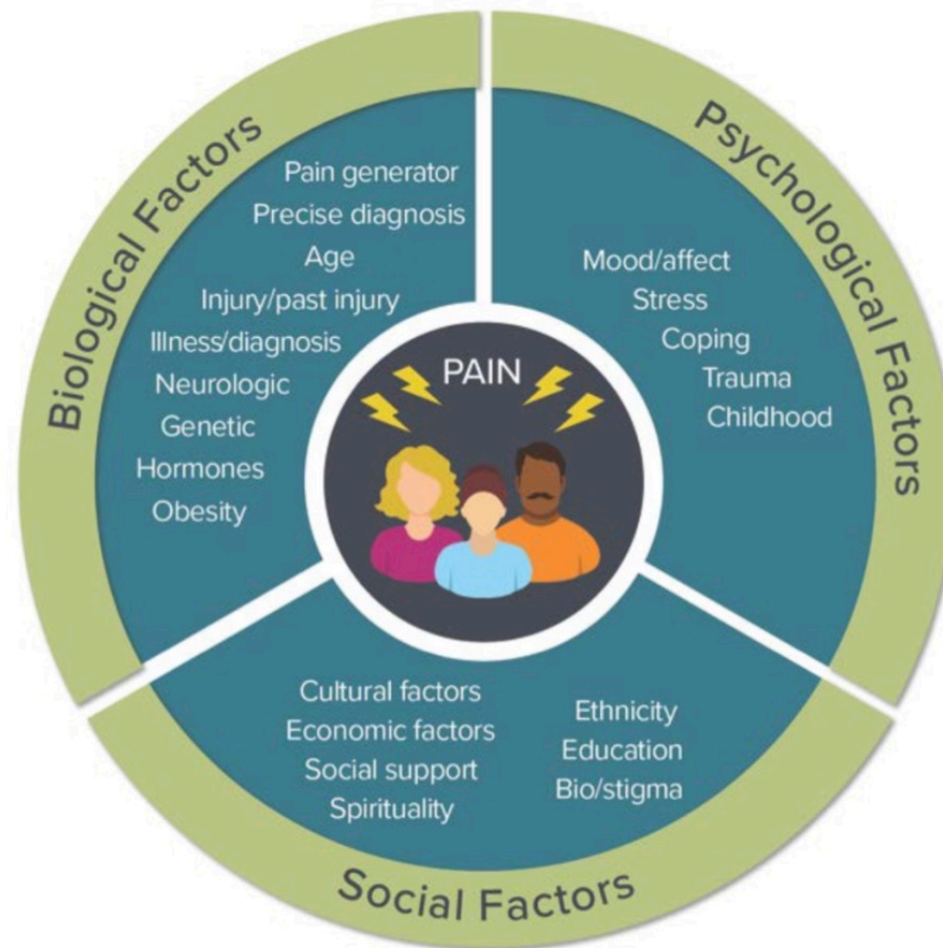
- Partnerships
- Purchaser Education
- Benefit Design Workgroup
- Business Case
- Incr. Access/Drive Utilization



[painmanagementalliance.org](http://painmanagementalliance.org)

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# What Do We Know About Pain?



**Figure 5: The Biopsychosocial Model of Pain Management**



# What is Comprehensive Integrative Pain Management?

Focused on the whole person

Includes **biomedical, psychosocial, complementary & integrative health, spiritual care, and shared decision-making**

**Moving from “What’s the matter with you?” to “What matters to you?”**

More details:

[painmanagementalliance.org/engage/what-is-cipm/](https://painmanagementalliance.org/engage/what-is-cipm/)

History of AACIPM:

[painmanagementalliance.org/about-us/history/](https://painmanagementalliance.org/about-us/history/)



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# Objectives for Today:

- **Connect the dots among important national efforts to advance access to comprehensive integrative pain management for people who are underserved**
- **Discuss the practical realities that exist for people with pain, providers, and payors when it comes to addressing access**
- **Provoke thought and action among stakeholders to advance a paradigm shift that aligns payment design and delivery of care**

# Attendee Screen View – Q&A/Chat

- Use “Q&A” to submit a question to the speakers.
- Presenters will respond to questions via Q&A and verbally
- Use “Chat” to ask hosts about troubleshooting and to receive information from hosts



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# Access Symposium Materials

- Agenda
- Presenter Bios and Slides
- Post-Meeting Feedback Survey
- Recordings (coming soon)

[painmanagementalliance.org/equity](https://painmanagementalliance.org/equity)

# Social Media

Keep the Momentum Going!

Use **#AACIPM**

Twitter: **@AACIPM @US\_Pain**

LinkedIn: **[linkedin.com/company/aacipm](https://www.linkedin.com/company/aacipm)**

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# Planning Your Breaks

11:10-1:00pm ET = Session One

1:00-1:15pm = Break with a brief  
breathing exercise right before we resume

1:15-3:30pm ET = Session Two  
Includes another brief breathing exercise

Get comfortable / Move around as you need to

Sessions will be recorded and available as a resource