

# Next Steps & Closing



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Alliance to Advance  
Comprehensive  
Integrative  
Pain Management

**#AACIPM**

# Tangible Steps Forward

There is strength in growing numbers of decision-makers who are understanding the value of CIPM and considering how they can take action to promote this shift in practice.

Introducing *Whole Health in the States*, an exciting initiative, to talk about some next steps for state-based Medicaid programs

# *Expanding Access to & Driving Utilization of Comprehensive Pain Care in State Medicaid*

## **The Whole Health in the States (WHITS) Initiative**

Samantha Simmons, MPH, President, Oregon Collaborative for Integrative Medicine  
Director, The Whole Health in the States Initiative

September 24, 2020, Equity in Access to Comprehensive Integrative Pain Management for People with Chronic Pain, AACIPM Fall 2020 Symposia

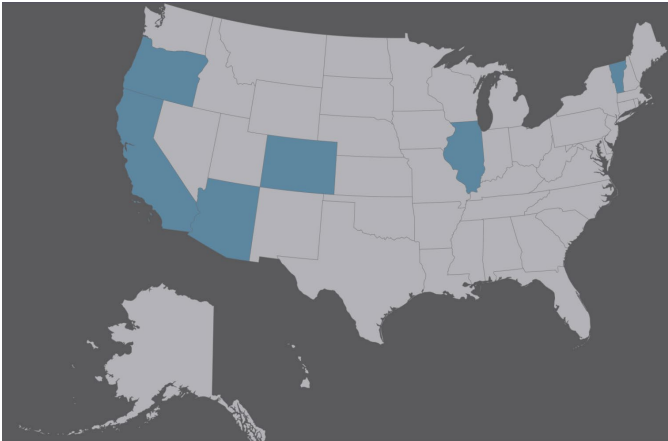


# The Whole Health in the States Initiative Overview

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- Based on existing successful state collaborative models
- Brings together many kinds of stakeholders of health within a state to work together to remove barriers to and optimize whole person care
- Provides a foundation for states to form a Whole Health <insert state> Collaborative that can ultimately partner in many ways to facilitate health and well-being for underserved populations
- Inaugural collaborative project is to work together **to increase access to nonpharmacologic treatments for pain and to drive utilization of comprehensive pain care**

# The Whole Health in the States Initiative: Pilot States\*



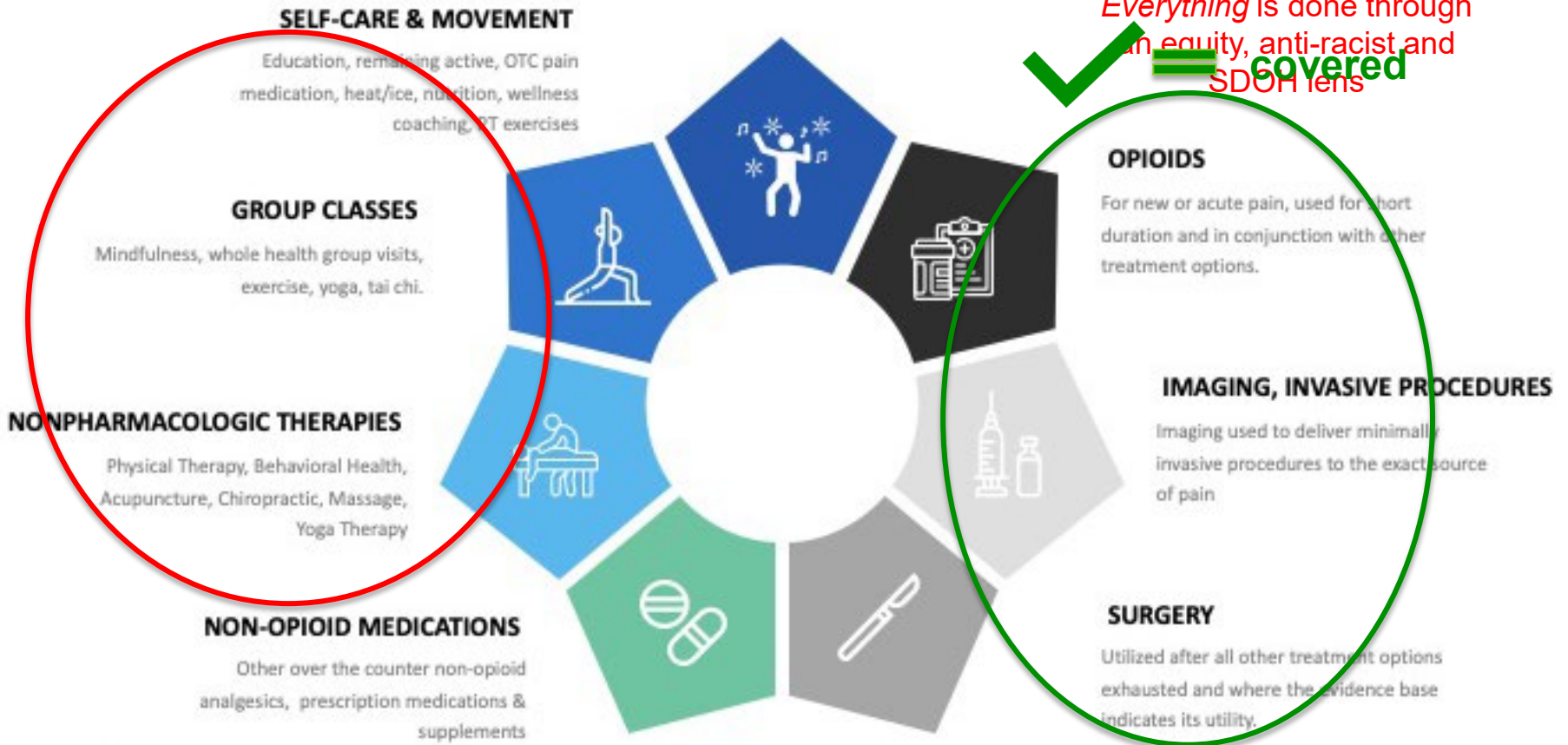
- Arizona
- California
- Colorado
- Illinois
- Oregon
- Vermont
- Washington, DC

*\*opportunity for other states to get involved now*

# COMPREHENSIVE PAIN CARE

✓ ≠ Largely not covered in Medicaid

✓ = Everything is done through an equity, anti-racist and SDOH lens covered



Adapted by The Whole Health in the States Initiative from Paula Gardiner, MD, MPH Pain Management Pyramid

# COMPREHENSIVE PAIN CARE

USING A WHOLE HEALTH APPROACH

*Everything is done through an equity, anti-racist and SDOH lens*



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# How does the WHITS Initiative seek to assist in bringing CPC to underserved patients in states?

## Remove These Barriers: Drive Utilization



### Uncovered Evidence-Based Pain Treatments within Each State

- Multi-stakeholder, multi-sector 12-month consensus building process
- Development of a strategic plan for a tangible path forward to cover new services, state by state

### Access



- Provider & policy maker education
- Tangible tools & resources for providers
- Partnerships with other organizations focusing on different pieces

### Utilization



How does the WHITS Initiative seek to assist in bringing CPC to underserved patients in states?

## Remove These Barriers:



# How does the WHITS Initiative seek to assist in bringing CPC to underserved patients in states?

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## Increase Coverage of Uncovered Evidence-Based Pain Treatments within Each State

- Multi-stakeholder, multi-sector 12-month consensus building process
- Development of a strategic plan for a tangible path forward to cover new services, state by state

## Drive Utilization



- Provider & policy maker education
- Tangible tools & resources for providers
- Partnerships with other organizations focusing on different pieces

# How to Get Involved or Learn More

## For Pilot States

Email us at [admin@o-cim.org](mailto:admin@o-cim.org) to join

## For Any Other State

Same: email us at [admin@o-cim.org](mailto:admin@o-cim.org) to join the conversation and movement

## Engaging Web Portal

Individuals and organizations from any state can join our engaging web portal that is in development (eta: late October). State collaboratives for all states will be forming here and opportunities to have your state join in this process can be explored.

Temporary landing page:

[www.WholeHealthStates.org](http://www.WholeHealthStates.org)

## Set Up a Call to Learn More

This was a 50,000 foot view, to set up a call to learn more, please email me at [simmons@o-cim.org](mailto:simmons@o-cim.org)

Supported by



- Join us! We are seeking additional funding partners to enhance pilot state work and scale to additional states, please have a conversation with us to support tangible and meaningful strategies to bring whole health to the underserved.

## Who is the Oregon Collaborative for Integrative Medicine?

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### **About**

OCIM is a 501(c)3 nonprofit organization based in Portland, OR.

OCIM was established in 2002 and formalized as a nonprofit in 2010

### **Mission**

The mission of OCIM is to provide leadership in advancing integrative, whole person care through collaboration, for the benefit of patients

### **WHITS Initiative**

OCIM established the WHITS Initiative in the Fall of 2019 with the support of the David & Lura Lovell Foundation

# Next Steps

We hope you've been inspired to take action in your own settings!

- Please complete this short survey & let us know [painmanagementalliance.org/equity-survey](https://painmanagementalliance.org/equity-survey)
- Register for AACIPM's next symposium on Nov. 10 about behavioral health, in partnership with the American Psychological Association
- Close with this inspiring video