



15th Annual GWish Art of Presence Healthcare Renewal Retreat [Virtual]

September 25-27, 2020, 10 AM-2 PM EDT (USA)



Photo by Anne Vandenhoeck

DOCTORS, NURSES, CHAPLAINS, SOCIAL WORKERS, PSYCHOLOGISTS—ALL HEALTHCARE PROVIDERS

As a healthcare provider, you are facing challenges the modern-day world has never seen before. Where do you find the inner strength to support patients and families who are experiencing emotional and spiritual distress in a pandemic? How do you establish personal boundaries and still act in a compassionate way toward your patients? How do you deal with your own fears, caring for people who may be infected with COVID 19?

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A Spiritual Exploration

At the GWISH Art of Presence Retreat, we will explore how your own spirituality and personal beliefs impact your day-to-day medical practice.

- **Experience peaceful presence** through meditation, journaling, and sharing.
- **Learn tools, skills, and rituals** to share with patients and colleagues.
- **Reflect on your own commitment** to your chosen vocation.
- **Reinforce personal boundaries** when caring for patients.
- **Explore the impact of COVID 19** on your practice and how spirituality can help you, your family, and your patients cope.
- **Meet in small groups** to listen, share, and support.
- **Reunite with your cohort** virtually on **October 31, 10AM-2PM** to share real life stories about how the retreat has impacted you.



Join your cohort of fellow seekers for shared dialog in the GWish 2020 Art of Presence Facebook Group.

“I have never in my entire life felt this much energy. This is not a retreat. It’s a pilgrimage. It’s spiritual. It’s energy. It’s communication and communion.”

—Rebecca Franz-Paul RN, CNP, Four Seasons Hospice, Hendersonville, NC

2020 GWish Art of Presence Retreat Facilitators



Christina Puchalski, MD, FACP, FAAHPM
Physician and Founder of The George Washington University Institute for Spirituality



Carolyn Jacobs, PhD, MSW, Contemplative Social Work Leader, Spiritual Director, and Educator



Mario Cagna, MDiv. Chaplain, Pastoral Care, Genoa, Italy



Anne Vandenhoeck, PhD, MDiv. Professor of Pastoral Care at Catholic University Leuven, Belgium, and Chair of the Academic Centre for Practical Theology



Edward O'Donnell, M.A., Spiritual Director and Educator

Join us for the Virtual 2020 GWish Art of Presence Retreat, a sacred space to rest, reflect, and rekindle your passion for taking care of your patients—and yourself.

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